

Policies, Procedures and Miscellaneous Information

REQUIREMENTS FOR PARTICIPATION

1. **Age Limitations** – A student who becomes 19 years of age prior to July 1 of the upcoming school year, will not be eligible to compete in any athletic activities during that school year. Should a student become 15 years of age prior to July 1 of the upcoming school year, he/she shall be too old for a 7th and 8th grade team, he or she may be considered as enrolled in the 9th grade for eligibility purposes.
2. **Physical Examination** – A yearly physical and parent permission form is required. The physical must be completed and submitted to the coach or Athletic Director prior to participation in any practices. The physical covers all sports for the entire school year. The form will be kept on file in the office of the Athletic Director.
3. **Birth Certification**
 - A. A copy of student's birth certificate must be on file in the Athletic Office.
4. **Academic Requirements – Each Coach will be responsible for monitoring the academic progress of each student-athlete in their sport.**
 - A. A student, who desires participate in athletics, must be a full-time student as determined by the guidelines set forth by the State Department of Education. A student who is repeating a course for which he/she has previously received credit cannot consider the same course as one for eligibility. This is considered as monitoring a course.
 - B. Students in grades 9-12 must achieve an overall passing average in his/her coursework to participate in interscholastic athletic activities. In addition, the following must be adhered to:
 1. To be eligible in the first semester a student must pass a minimum of five Carnegie units applicable toward a high school diploma during the previous year. At least two units must have been passed during the second semester or summer school.
 2. To be eligible during the second semester the student must meet one of the following conditions:
 - a. If the student met first semester eligibility requirements then he or she must pass the equivalent of four, ½ units during the first semester.
 - b. If the student did not meet first semester eligibility requirements then he or she must pass the equivalent of five, ½ units during the first semester.
 3. Students must satisfy eligibility requirements in the semester preceding participation.
 - a. Credits earned in a summer school approved by the State Department of Education may apply for first semester eligibility. A maximum of two units per year may be used.
 - b. Students eligible for a first semester sport will be permitted to complete that sport even if it extends into the second semester. Under the current

League program, this will apply to participants in basketball in the high school and middle school programs.

4. Students with Disabilities:

- a. Students diagnosed with disabilities and being served in a non-diploma program shall be considered eligible for participation in interscholastic activities if he/she is successfully meeting the requirements of his/her Individual Education Plan.
- b. Students diagnosed with disabilities and being served in a program leading to a state high school diploma must meet all eligibility requirements previously stated for participation in interscholastic activities.

5. A course that is dropped after the 20th day of a semester with a failing average will be considered as a failed course when determining academic eligibility for the following semester.

6. Credit courses used for eligibility purposes must be courses that are applicable as credit toward a state high school diploma. A student may also use college credit courses provided the student has met or is meeting all requirements for graduation.

7. Academic deficiencies may not be made up through enrollment in adult education programs.

8. A maximum of two credit recovery units may be used toward eligibility, to include the two units presently allowed in summer school. The course would have to be accepted by the State Department of Education for graduation and accredited by a certified teacher in that field.

C. A student must not have received a high school diploma or its equivalent.

D. Academic requirements for students enrolled in the seventh and eighth grades, including first semester 9th graders are:

1. Students passing the sixth, seventh, and eighth grades by academic promotion (not by social promotion or placement) are considered as having met the requirements for academic eligibility for first semester.

2. Students in grades seven and eight must be meeting the school district promotion policy at the end of the first semester in order to be eligible second semester. (Second semester ninth grade students must meet League academic regulations.)

3. A seventh or eighth grade repeater shall not be eligible during a school year if academic requirements for promotion were not met during the previous year.

NOTE: A student failing the seventh or eighth grade is eligible during second semester if he has satisfactorily passed first semester work.

E. Schools will follow the procedures outlined in the School Administrators Guide, published by the State Department of Education, in accepting or rejecting credits received by a student while the student is enrolled in private schools, including home schools and/or out of state schools.

In most cases on a traditional or AB block schedule, the following example would apply:

- If eligible first semester, must pass four subjects
- If not eligible first semester, must pass five subjects

In a 4 X 4 block schedule where units or ½ units are granted at the end of the first semester the following will apply:

- If eligible first semester, must earn 2 units
- If not eligible first semester, must earn 2 ½ units

For more information, you may visit the High School website: www.schsl.org

- 5. Parental Acknowledgement of Athletic Policies** – Upon participating in a sport, he/she will be presented with this handbook containing all the necessary information for participating in athletics. Each parent and athlete shall read all of the enclosed information and certify that they understand the rules. This signed document will be filed in the office of the Athletic Director.

Athletic Insurance

The Athletic Department provides coverage on a secondary/excess basis for those athletes that get injured in practice or games. If the parents of the athlete have any other primary coverage, they need to send the bills to their primary insurance first. If a player gets injured, they should notify the coach and he/she should obtain an injury form from the AD's office, fill it out and turn it back into the Athletic Director. The parents will then be responsible for picking it up and initialing the form from the Athletic Director's office and submitting it to the appropriate place.

Sports Physicals

- 1) Sports physicals will be given at school in the spring of each year. Physicals are good for one school year.
- 2) If a student-athlete needs a physical during the school year, it's his or her responsibility to schedule an appointment and get it done.

Transportation

Away Games

- 1) Players must travel to and from games on the team bus. If a parent wishes to take their child home from an away game – they need to have an Athletic Travel Consent Form signed and on file. The parent must inform the coach if the student-athlete is leaving with the parent. The student-athlete will only be allowed to ride home with a parent or

legal guardian unless permission is given by the Athletic Director. The student-athlete is responsible for his or her equipment and uniform.

Risk Factor in Sports

Participation in sports involves a certain degree of risk of injury. Such physical injury can occur in any type of sports activity and vary in nature. Athletic injuries can run from minor bruises and scrapes to the more serious injuries such as fractures, dislocations, concussions, paralysis and even death.

Information on Awards

Athletic Award System

Athletes will receive awards during the Athletic Banquet in the spring. All athletes will receive a participation certificate. Other awards will be determined by the Head Coach of that sport and will be given out during the Athletic Banquet.

Award Regulations

- 1) Any student-athlete that is removed from the team or quits the team will lose credit for participation.
- 2) Awards
 - a. MVP – Most Valuable Player – Will be determined by the coaches in each sport.
 - b. Coaches award – Given to those student-athletes who are coachable, give great effort and have a great attitude for the sport.
 - c. Senior Athlete award – Given annually to all seniors who have participated in a sport.
 - d. Scholar-athlete award – Given annually to the senior boy and girl for having demonstrated excellence in the classroom as well as on the playing field.
 - e. Miscellaneous awards-Coaches may give other awards at their end of season banquet, i.e. hustle award, most improved, captain's award.

School Records

- 1) New records must be achieved in a scheduled event or contest.
- 2) In events where time is involved, there must be two or more coaches or adults with timers clocking the individual or a timing system being used.
- 3) All records should be submitted to the Athletic Director.

Athletic Lettering Policy

It is the athlete's responsibility to ask his/her coach if they have met the requirements for earning a letter or service bar in their respective sport.

Requirements for earning a letter:

1. If in the judgment of the coach, an injured player would have lettered had he/she been injured, he/she is eligible to receive a letter.
2. A senior who has participated in a varsity sport for two or more years is eligible to receive a letter.
3. Baseball/Softball – Must play in 50% of the innings played during the season.
4. Basketball – Must play in 50% of the quarters played during the season.
5. Cheerleading – Must have served for the entire varsity football or basketball season.
6. Football – Must play in 50% of the quarters during the season.
7. Track – Must place in 50% of all meets entered by the team. 1st, 2nd or 3rd place.
8. Volleyball – Must participate in 50% of the matches during the season.
9. Any student-athlete who is dismissed from or quits a team will not letter, receive a certificate or an award.